

# Joy and Happiness

Find joy and spread it for peace of all.



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[Origami Instructor](#); Farming Instructor of MYFARM Inc.; Translator/Interpreter of NGO Sloth Club; Graduate of "Local business school" of [Dr. Yasuyuki Fujimura](#) who advocates non-electric-life; Founder and publisher of [Mother Earth News Magazine Japan](#) and [Resurgence & Ecologist Japan](#); Founder of [an online school](#) for self-sufficient slow life; Co-founder of "Cob Job", consultation & education service to promote "[Cob House](#)" in Japan; Head of PTA in Chiba from 2016. Love, harmony, and gratitude.

## Origami for Smiles



[origaminowa.jimdoofree.com](http://origaminowa.jimdoofree.com)

## Inner Peace for Universal Peace



[www.science.ne.jp/en](http://www.science.ne.jp/en)

## Tano School for Joyful World



1

### JOY

Do what you like now. Enjoy fully with your body, mind, and soul.

2

### SHARE

Share the joy with others with a smile, resulting in the joy of others.

3

### HAPPINESS

The joy will fill the world, leading to universal peace and happiness.